WEEKLY MEAL PLAN

		GROCERY LIST
SATURDAY		☐ _____
		☐ _____
FRIDAY		☐ _____
		☐ _____
THURSDAY		☐ _____
		☐ _____
WEDNESDAY		☐ _____
		☐ _____
TUESDAY		☐ _____
		☐ _____
MONDAY		☐ _____
		☐ _____
SUNDAY		☐ _____